



A Future built on Care, Dignity, & Unwavering Support



Thank you for considering leaving a gift in your Will to the Pink Finss Charity.

You can help shape a future where every person in the Hawkesbury who is diagnosed with cancer is met with care, connection, and compassion.

Give the gift that lasts longer than a lifetime.

“

Cancer not only takes a huge toll on you, it affects everyone around you.

Thankfully Pink Finss is there to support us and **you're there to support Pink Finss.**

”





The Pink Finss Charity
is celebrating

16 Years of Helping



We are a grass roots organisation fully funded
by the local Community but demand for our
services is growing and we need your help.



Pink Finss has been operating in the Hawkesbury since 2010 and offers a range of support services to women, men and families diagnosed with cancer. Providing information, support and practical services, we cater for every diagnosis by offering a “personal experience” and support for the whole family – not just the person diagnosed.

Over the years, the number of people we have helped has increased in size and it's been amazing to see the impact that the Pink Finss Charity has made in people's lives.

843 People helped

and growing daily

A legacy of hope and connection can support
generations to come but none of this is possible
without ongoing financial security.

I invite you to reflect on the legacy you wish to leave, and to consider becoming a guardian of a future built on care, dignity, and unwavering support.

Since 2010, Pink Finss has held one simple promise: that no man, woman, or family facing a cancer diagnosis should ever walk that path alone. We've made extraordinary progress, yet there is still so much more to do.

Once you have looked after your own family and loved ones, we ask you to consider including a gift in your Will to Pink Finss Charity. Your kindness can help shape a future where every person in the Hawkesbury is met with care, connection, and compassion.

Every gift, no matter its size, becomes part of something deeply meaningful. Those who include Pink Finss in their Will join a special community of supporters we call Pink Finss Patrons — guardians of a future built on care, dignity, and unwavering support.



“

What makes Pink Finss unique is our ability to support not just the person diagnosed with cancer, but their whole family and leaving a bequest ensures this care continues long into the future

Jodie Amor, Pink Finss Founder

”



Programs Pink Finss provide for Men, Women and their Families who are diagnosed with Cancer?

- **Support & Connetion Groups for Men and Women.** Meetings are held monthly in the Pink Finss rooms, Windsor, with separate meetings for women and men, focusing on education, mental wellbeing and inspiring each other.
- **Return to Exercise Programs.** Exercise is recommended to all cancer patients to help manage the effects of cancer and it's treatment. As a way of encouraging gentle return to exercise, we offer our clients various options including a weekly yoga class, pilates and group fitness.
- **Finss Swim Club Program.** Exclusive use of an indoor heated pool for female Pink Finss clients only runs weekly.
- **Lymphedema Early SurveillanceProgram.** This early Intervention Program relates to all cancers involving lymph node removal enabling the detection of early lymphoedema for targeted care.
- **Bereavement Program.** Bridging the gap in current local services offering bereavement counseling to family and carers who have lost a loved one to cancer.
- **Wellness Retreat Program.** An incredible opportunity for Pink Finss Clients to recharge their body, mind and spirit.
- **Palliative Care Program.** Providing those at end of life access to an additional 10 hours per week of in-home supportive care. This is particularly import as current palliative care offered through the hospital system is only 1 hour weekly.
- **Womens' Social Club Program.** Monthly meetings aimed at coming together for social support in a relaxed supportive setting.
- **Dietician Support Program.** This program provides one-on-one appointments with a qualified dietitian who specialises in cancer care.

400 new Cancer cases
each year in the Hawkesbury



“
When diagnosed with brain cancer, I was unable to drive for 12 months post-surgery, which meant relying on everyone to get me to my medical appointments
thanks heavens Pink Finss were there to help
”

- **Treatment Transport Program.** Our transport vehicle “Matlida” operates thanks to our dedicated team of volunteer drivers, and services Clients requiring transport to and from their treatments or medical appointments, a much needed service in the Hawkesbury.
- **Volunteer Wellbeing Program.** We are is lucky enough to be supported by a wide group of volunteers (approximately 60 men and women), this program, was created to promote camaraderie and equip them with the skills required to carry out their volunteering duties.
- **Volunteer Driver Education Program.** Our driver volunteers spend considerable time with clients taking them to and from appointments and treatments. This program focuses on training, mentoring and developing skills for face-to-face interactions with our clients.
- **Custom Wigs Program.** Losing your hair from your cancer treatment is usually the most traumatic part of a diagnosis for most women. We can provide a personalised wig for a Client to help restore their confidence and self esteem.
- **Caring for our Carers Program.** A simple but well-loved program, where we allocate 1 day per month to offer a one hour massage to our carers providing a well deserved break from the daily stresses.



Day-to-day Practical Services Offered by Pink Finss

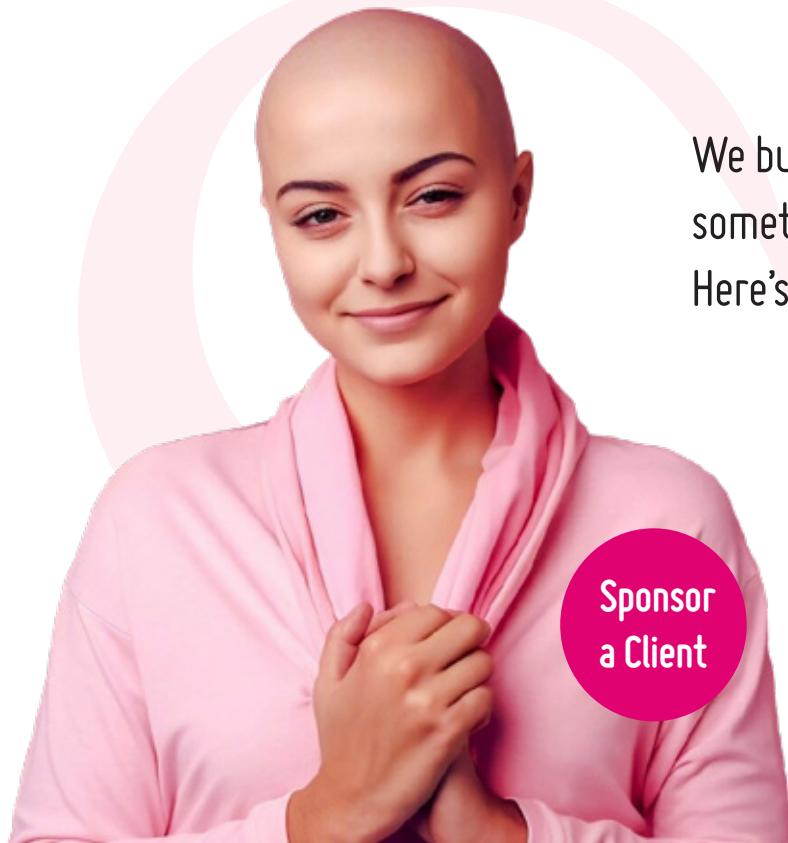
Practical assistance to take the pressure off our Clients and their families which is tailored the person's individual needs.

- Cleaning and gardening
- Meals and food deliveries
- Oncology massage
- Home care support and respite
- Mental Health appointments
- Physiotherapy
- Chemo care packages
- Financial assistance
- Acupuncture
- Free Wills



What do we do with Your Donations?

Snap shot of Services provided in FY 2025 – 2026

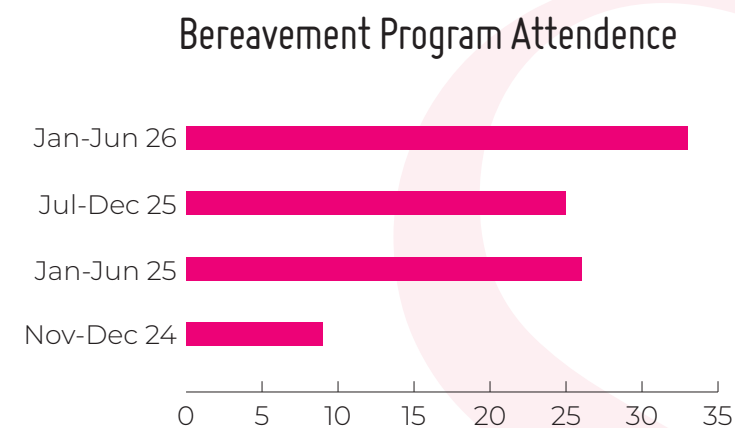
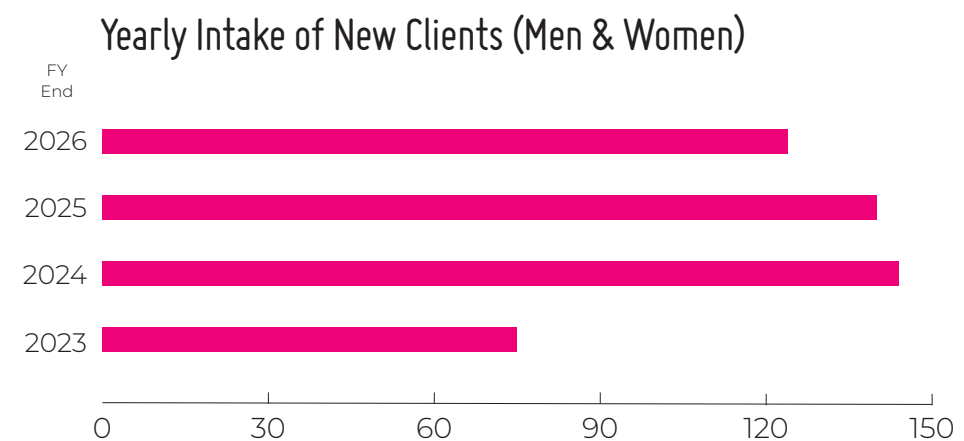
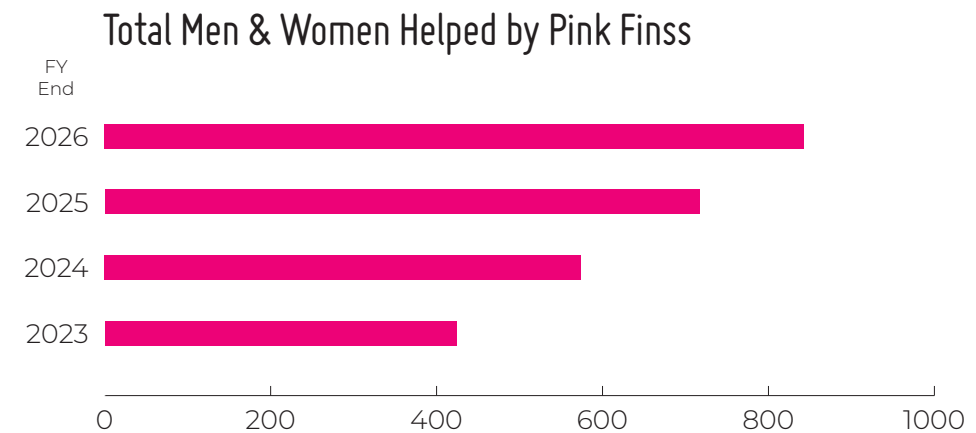


We budget an average of \$4,775 per Client but sometimes a Client requires more help. Here's a typical breakdown:

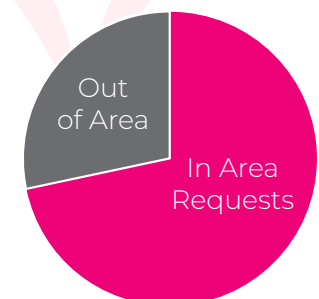
- \$600** Oncology massage (6 sessions)
- \$900** Mental health (6 sessions)
- \$750** Physio (with Care Plan) (6 sessions)
- \$660** House cleaning (6 sessions)
- \$800** Gardening/lawn mowing (6 sessions)
- \$1,000** Customised wig & accessories
- \$65** Fruit and veg box

**Sponsor
a Client**

Future Predictions & Recent Demand Growth for Pink Finss Services



Requests for Services by New Clients FY26





Your Bequest is a Lasting Legacy

After caring for your loved ones, leaving a gift in your Will is a meaningful way to support future generations.

Types of gifting include:

A PERCENTAGE OF YOUR ESTATE

A flexible option where you leave a percentage of your estate, like 1% or even 5%. It's an easy way to make a meaningful difference while still prioritising family.

REMAINDER OF YOUR ESTATE

This amount is whatever is left after looking after your loved ones and settling expenses. It's a simple, enduring way to make a significant difference.

A CASH GIFT

Lets you nominate a fixed amount that suits you, such as \$5,000. Even a modest gift can support our programs and provide care to future generations.

A PERSONAL ITEM OR ASSET

A gift such as jewellery, artwork, furniture or property — whatever feels right to you. This kind of gift can help extend our work to more people in the years ahead.

How do I include a gift in my Will to Pink Finss Charity

There are two simple ways to include a gift in your Will, either through a solicitor or by using our free online Will-writing service provided through our partnership with **EveryWill**.

SPEAK WITH A SOLICITOR
Creating or updating your Will with a solicitor is the traditional and trusted approach.

ONLINE WILL-WRITING PLATFORM
A free, easy and secure online Will-writing service.



DON'T HAVE A WILL? SPEAK WITH A SOLICITOR

If you do not have a will, we recommend visiting your local solicitor or state public trustee. To make this process easier, download this booklet which contains valuable information for you and your legal representative.



CREATE YOUR WILL ONLINE

Did you know uncomplicated wills can be written online? To assist our donors in writing their wills, we have partnered with **EveryWill**, Australia's top-rated, user-friendly, free online wills platform - it only takes 10 minutes.



ALREADY HAVE A WILL? SPEAK WITH A SOLICITOR

If you already have a will and would like to include a gift to Pink Finss Charity, speak to your solicitor about adding a short legal amendment to your will known as a codicil.

The following pages contain steps on how to get started, we recommend taking this document to your solicitor.



Become a Pink Finss Patron

Be a guardian of a future built on care, dignity, and unwavering support for men and women of the Hawkesbury diagnosed with cancer.



5 Simple Steps to Help You get Started

1



DECIDE HOW YOU WOULD LIKE TO BEQUEST ASSETS
Make provisions for your family, friends and loved ones first then the organisations you would like to acknowledge.

2



TALK WITH YOUR LOVED ONES
Share your intentions with the people closest to you. These conversations are important and can bring clarity, understanding, and peace of mind.

3



CHOOSE YOUR TYPE OF GIFT
Decide whether you'd like to leave a percentage, a residual gift, a cash amount, or a particular item or asset.

4



VISIT A SOLICITOR
Your solicitor can help you write or update your Will. We've included information for your Solicitor here. But if you prefer, you can use our Will writing platform, **EveryWill** by scanning the QR code on the previous page.

5



LET US KNOW (IF YOU'D LIKE)
If you choose to include a gift to Pink Finss Charity, we'd be grateful to hear from you. This allows us to thank you and keep you informed of the impact your future gift will one day make.

Frequently Asked Questions

- What is a bequest?**
A bequest is a gift left in your Will. You can include it in a new Will or by adding a short update to your existing one. We recommend seeking advice from a solicitor.
- Why are Gifts in Wills important?**
As a grass roots charity, we do not receive government funding. Instead we are mostly funded by the local community. Legacy gifts provide stability, allowing us to plan ahead and fund programs and initiatives that help people when they need it most.
- What does it mean to be a Pink Finss Patron?**
Patrons are supporters who've let us know they've included a gift in their Will. They receive updates, invitations to special events and opportunities to see the impact their future gift will make.
- Do I need to tell you?**
You don't have to, but knowing your wishes helps us thank you and ensure your legacy is honoured. Your intentions can change at any time.
- Should I tell my family?**
It's a good idea to discuss your plans with loved ones to avoid confusion and ensure your wishes are carried out.
- Can you recommend a solicitor or act as Executor?**
We can't recommend solicitors or act as Executors, but the NSW State Law Society can help you find a solicitor.
- Where can solicitors or Executors find information?**
Please contact our General Manager, **Kym Watson on 0414 616 936** or email Kym@pinkfinss.com.au. All gifts are managed with care, transparency and respect.

Information for your Solicitor

Legal Name: Pink Finss Breast Friends Tri-Ing Pty Ltd
ACN: 141 390 696
Registered Address: The Old Hawkesbury Hospital, Level 1
6 Christie Street, Windsor NSW 2756 Australia

Suggested wording for your Will

- Percentage**
I give ____% of my estate free of all duties to the Pink Finss Charity, Queenscliff Inc. VIC 3225 - ABN: 21 987 748 593 for its general purposes and direct that the receipt of the authorised officer of Pink Finss Charity will be a sufficient discharge to my trustees.
- Specific amount of money**
I give \$_____ of my estate free of all duties to the Pink Finss Charity, Queenscliff Inc. VIC 3225 - ABN: 21 987 748 593 for its general purposes and direct that the receipt of the authorised officer of Cottage by the Sea will be a sufficient discharge to my trustees.

- Residual gift**
I give (e.g. share portfolio, land, house etc.) of my estate free of all duties to the Pink Finss Charity, Queenscliff Inc. VIC 3225 - ABN: 21 987 748 593 for its general purposes and direct that the receipt of the authorised officer of Pink Finss Charity will be a sufficient discharge to my trustees.
- Specific asset**
I give (e.g. share portfolio, land, house etc.) of my estate free of all duties to the Pink Finss Charity, Queenscliff Inc. VIC 3225 - ABN: 21 987 748 593 for its general purposes and direct that the receipt of the authorised officer of Pink Finss Charity will be a sufficient discharge to my trustees.



THANK YOU FOR CONSIDERING A GIFT OF HOPE,
CONNECTION & SUPPORT FOR GENERATIONS TO COME.
WE'RE HERE TO HELP IF YOU'D LIKE TO SPEAK.



Call 0414 616 936 | PO Box 1223 Windsor NSW 2756 | www.pinkfinss.com.au | info@pinkfinss.com.au
Authority to Fundraise CFN/21673 ABN 91 726 500 202